Dr Phil Newman (PhD)

Sports Physiotherapist

Titled Member of the Australian College of Physiotherapists

Clinician, Educator, Researcher

Hands of Experience

If you are looking for depth of knowledge, a treatment alternative, or a second opinion for your pain or injury then Phil has more than 30 years of clinical experience - applying the best of communication , empathy, evidence and skill.

Phil is an expert in his field. He has 9 excellence awards on top of his 3 degrees.

He currently teaches Physiotherapy to the next generation of clinicians, and mentors and supervises qualified clinicians.

Phil has worked in roles in Emergency and Elite sports to an International level. He has worked for 20 years with military from general services to elite forces, managing all range of injuries, from head to toe.

If you need

Acute Sports Injury management- Ankle, Foot, Knee, Hip, Shins, Shoulder, Hand

Rehab after surgery or Advice and pre-hab before surgery

Back or Neck therapy

Return to Run program

Or an expert review…

Book Online